

NCR HEALTH & SAFETY PREVENTATIVE MEASURES NOTICE

With the outbreak of the 2019 novel coronavirus (COVID-19), the safety of DND/CAF personnel is our primary concern. As mentioned in the Deputy Minister and the Chief of the Defence Staff Joint Statement released on 3 March, 2020 all personnel are encouraged to seek advice and information from the Public Health Agency of Canada site <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>.

DND/CAF personnel can stay healthy and prevent the spread of infection by:

- Washing their hands often with soap and water for at least 20 seconds;
- Avoiding touching their eyes, nose, or mouth with unwashed hands;
- Avoiding close contact with people who are sick;
- Coughing or sneezing into their sleeve and not their hands; and
- Staying home if they are sick in order to avoid spreading illness to others.

If personnel are experiencing fever and one or more of the symptoms which may include fever, cough, shortness of breath, and difficulty breathing they should report to their health care provider and immediately identify themselves as having these symptoms.

Additionally, please note that the following actions are being taken by Public Services and Procurement Canada (PSPC) and the Canadian Forces Support Unit (Ottawa) (CFSU[O]) across DND buildings in the National Capital Region:

- PSPC Preparedness Plan:
 - Use of broad spectrum cleaning agent on high contact surfaces including bathrooms/doors/common spaces;
 - Posting of hand-washing protocols and COVID-19 information posters;
 - Installation of hand sanitizers at building entrances; and
 - Development of a disinfection plan to be implemented when an employee is suspected to have been exposed to COVID-19.
- CFSU(O) has ordered bottles of hand sanitizers to be distributed in DND-occupied facilities when received;

We request the cooperation of all in implementing these precautionary measures in order to assist us in maintaining a safe and healthy workplace for all.



This message is being sent on behalf of Colonel A.M. Banville, Commandant of Canadian Forces Support Unit (Ottawa), to all recipients in the National Capital Region (NCR). Please do not reply as this mailbox is not monitored.